

Fearless Makers

How to Make an Apron



Materials

Fabric: Woven, machine wash/dry,
medium/heavy weight, tight weave
Thread
Bias Tape: 418cm (4.18 m) / 164 inches (4.5 yards)
Width depends on fabric choices
Used plastic container

Equipment

Scissors
Ruler
Pins
Hand Sewing needle
Iron
Sewing Machine

Printing

8.5" x 11" Size: 13 Sheets

Cut Line Dimensions:

Body: 68cm x 34cm (26.8" x 13.4")

Top Pocket: 14cm x 34cm (5.5" x 13.4")

Bottom Pocket: 17cm x 76cm (6.7" x 30")

Neck Strap: 5cm x 58cm (2" x 22.8")

Pattern Key

Cut Line - Black Solid

Seam Line - Green Dashed

Grain Line / Pattern Name - Blue Solid

Outside Fold Line - Magenta Dashed

Inside Fold Line - Magenta Dotted

Placement Line - Grey Solid

Instructions

Prewash your fabric and iron. Pull a thread or rip the edge of your fabric to square it. Layout all pieces, pin and then cut. Transfer marks to fabric.

Small Pocket

Press in edges on fold line for sides and bottom of pocket (1cm / .39"). Baste around.

Turn over top edge and press, then turn again and press (1cm each time / .39"). Stitch across top edge through all thickness.

Align small pocket to placement lines on apron body. Stitch sides and bottom of pocket to apron body. Backstitch at top edges. Leave long tails on beginning and ending of stitching. Pull tails to back and knot.

Sew individual divider seams of small pocket. Back stitch at top and just meet the line of stitching on the bottom. Pull tails to back and knot.

Large Pocket

Turn under bottom edge of pocket (1cm / .39"), press and baste.

Turn over top edge and press, then turn again and press (1cm each time / .39"). Stitch across top edge through all thickness.

Fold tucks on both hip pockets and baste.

Align large pocket to placement lines on apron body. Baste sides of pocket to apron body. Stitch bottom of pocket to apron body.

Sew individual divider seams of large pocket. Back stitch at top and just meet the line of stitching on the bottom. Pull tails to back and knot.

Neck Strap

Fold strap in half, right sides together and stitch. Turn right side out and press.

Apron Body

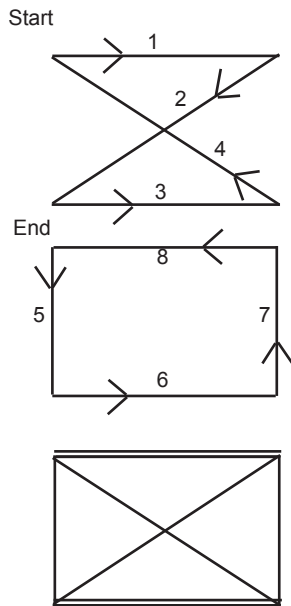
Apply bias tape (160cm / 63") to sides and bottom of apron body. Stitch in place.

Fold bias tape (258cm / 100") in half to find center. Place center at center point of top edge of apron body. Sew from center down left side across top, around armhole and down apron ties. Repeat for right side.

Neck Strap

Attach neck strap to apron top edge. Turn in raw edges, if desired. Securely stitch in place following diagram.

Stitching Diagram



Finishing

Knot ends of ties.

Cut plastic guards from used plastic containers and insert into pockets that will contain sharp implements. Personalize, decorate and embellish apron bib top to make it unique!

Enjoy!

Modification Ideas

Chef's Apron - Leave off the top pocket and modify the bottom one leaving only three large pockets. Attach a loop and insert a dish towel.

Woodworking Apron - Do an Internet search for Woodworker's Apron (images). Modify the pattern to follow any design ideas that you like. Add loops for hammers and tools.

Child's Crafting Apron - Modify the pattern for size. Using the child's favorite tools, modify the pockets to fit them perfectly. Purchase fabric paint and let the child embellish their new apron. Painted hand prints are always fun!