

Patternmaker Pro Measuring Strips - Basic

Across Back	From armpit to armpit across the back at mid-armhole level.
Across Front	From armpit to armpit across the back at mid-armhole level.
Ankle	Base of the leg just above the ankle bone.
Armhole Length	From cervical back to imaginary line at armpit level.
Bicep	Around bicep at the widest point.
Center Back to Floor	Cervical back to floor.
Center Back to Waist	Cervical back to natural waistline.
Chest / Bust	Chest / bust circumference.
Crotch Rise	Natural waist to chair while sitting.
Foot	Heel to the end of the longest toe.
Front Length	Shoulder line to the natural waistline at the bust apex point.
Head	Around the head just above the brow.
Height	Top of head to floor. Mark a wall and measure down.
Hip	Hip / seat circumference at widest point.
Inseam	Crotch to the floor.
Neck	Around neck base touching front collar bone and cervical bone.
Overarm Length	Shoulder point to elbow to wrist with slightly bent arm.
Shoulder Width	Side neck point to shoulder point.
Trunk	Center of the shoulder line through crotch and up meeting start.
Waist - Low	Measure around the body at the level of pants.
Waist - Natural	Natural waist circumference. Elbow level.
Waist to Floor	Natural waist to floor at center back.
Waist to Hip	Natural waist vertical to hip line in back.
Waist to Knee	From back natural waistline to knee.
Waist to Low Waist	Natural waist line vertically to low waist line.
Wrist	Around the wrist just above the wrist bone.